



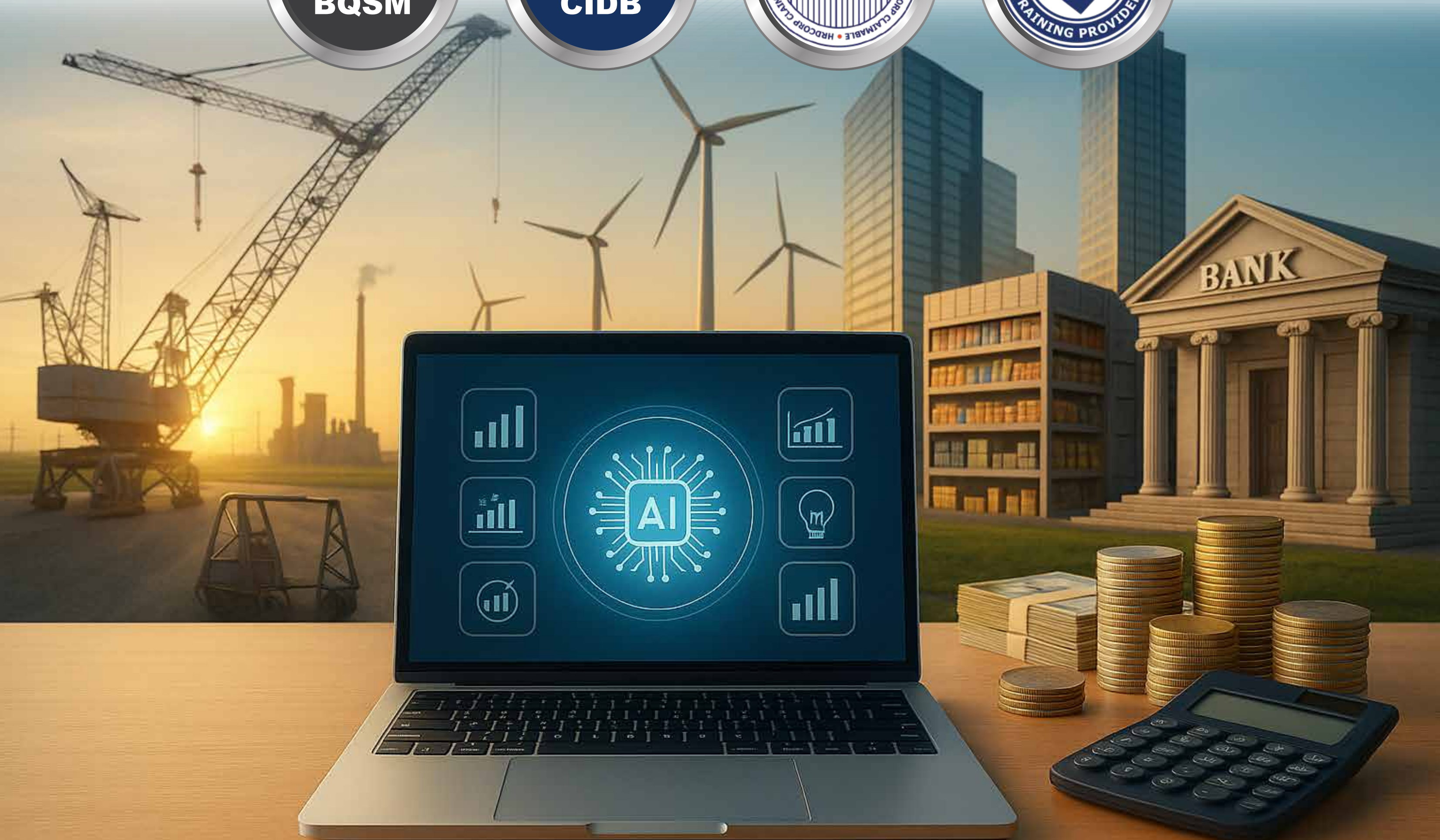
PMCC
Progressive Mindset Coaching & Communication

TRAINING FEE
RM3,500/PAX

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FROM PRACTITIONER TO AI-ENABLED PROJECT MANAGER



NAVIGATING PROJECTS WITH AGILITY AND EMOTIONAL INTELLIGENCE

2-DAY WORKSHOP

BY PETER WYSS &
ROSHNEE RAJASINGAM

Date:

**4 & 5 December 2025,
Thursday & Friday**

Time:

**8:30 AM -
5:00 PM (MYT)**

Venue:

**Hotel Stripes
Kuala Lumpur**

COURSE OVERVIEW

In today's fast-evolving professional landscape, practitioners are increasingly expected to step into the role of project managers — often without the tools, frameworks, or mindset needed to succeed. This dynamic and practical course is designed to bridge that gap.

FROM PRACTITIONER TO AI-ENABLED PROJECT MANAGER is a hands-on training experience that blends the essential knowledge of professional project management (aligned with PMI standards) with the latest in AI tools and digital productivity platforms like Notion.

COURSE TOOLS

- Notion
- ChatGPT
- Claude
- Perplexity
- PMI Infinity
- Copilot

WHO SHOULD ATTEND

- Industry leaders
- Managers
- Project practitioners
- Professionals in FMCG, F&B and banking
- Technology specialists
- Anyone involved in projects looking to enhance their management skills

TRAINER PROFILE



PETER WYSS, PMP, FIRSE, MIET

Managing Director of PMCC | Leader of PMCC Learning, Development & AI Consulting | Founder of PMCC.CAFE | Certified Master Coach | Group & Team Coach | Project-Mentors™ | HRD Corp Accredited Trainer

With over 30 years of global experience, Peter Wyss is a distinguished project leader and transformation coach known for delivering high-impact infrastructure and renewable energy projects across Asia and Europe. An “AI Whisperer”, Peter fuses deep technical knowledge with strategic foresight to empower leaders and HR teams through AI-integrated coaching and project management.

ROSHNEE RAJASINGAM

Strategic Partner of PMCC Learning, Development & AI Consulting | Executive Coach | Group & Team Coach | Certified Leadership Circle Profile® Practitioner | HRD Corp Accredited Trainer

Roshnee Rajasingam is a transformative leadership coach and facilitator renowned for guiding individuals and organisations through complexity with empathy and purpose, backed with nearly 30 years of cross-sector experience. As Co-founder of The Conscious Exchange and strategic partner at PMCC, she designs holistic, research-based programmes that unlock growth at every level — self, team and system.

**FROM THEORY TO IMPACT
BE AI-ENABLED WITH US**

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COURSE OUTLINE

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DAY 1 | THE FOUNDATION: FROM PRACTITIONER TO MANAGER & PROJECT MANAGER

✓ Module 1: Course Kickoff, Learning Alignment & Management Foundation

- Break the ice and set expectations — align participants with the course journey and transformation goals.
- Understand the shift from practitioner to manager — explore role transitions, mindset changes and key responsibilities.
- Use Notion and GPT as learning tools — leverage digital prompts, templates and AI to enhance engagement and note-taking.
- Apply management logic from an MBA lens — introduce foundational strategies practitioners need to manage effectively.

✓ Module 2: Traditional Project Management - A Crash Course

- Gain an overview of the PMI Standard and the Project Life Cycle — understand the foundation and flow of professional project management.
- Explore the 5 Process Groups — grasp the key stages: Initiating, Planning, Executing, Monitoring & Controlling and Closing.
- Familiarise yourself with the 10 Knowledge Areas — discover core competencies such as scope, cost, risk and stakeholder management.
- Understand the Triple Constraint — learn how time, cost and scope shape project decisions, followed by a module quiz via Notion.

✓ Module 3: Mastering Agile, Hybrid & Systems Thinking for Adaptive PMs

- Recap traditional project management concepts — review the Waterfall model and its structured approach.
- Introduce Agile and Hybrid methodologies — understand the Agile mindset, Scrum basics and when to use adaptive vs predictive models.
- Connect the V-Model to project planning — explore how a systems practitioner's approach aligns with project phases for better integration.
- Reinforce learning with a module quiz — test understanding via Notion.

✓ Module 4: Stakeholder Management & Communication

- Understand stakeholder dynamics — identify key players using the power-interest matrix and engagement strategies.
- Plan effective communication — tailor messaging based on audience, frequency and delivery methods.
- Develop leadership through communication — move beyond reporting to influence and clarity in critical situations.
- Apply learning through practice and quiz — map stakeholders in Notion and complete the module quiz.

✓ Module 5: Self-Management, Self-Leadership & Core Traits of a Project Manager

- Participate in a hands-on training team challenge and reflect on planning, roles and communication.
- Identify key PM traits — develop structure, accountability, influence, decision-making and adaptability.
- Apply emotional intelligence — lead yourself effectively in technical project environments.
- Reflect on the impact of AI — debrief your experience, respond to the Notion-based reflection prompt and module quiz.

✓ Module 6: Team - Leadership & Building Strong Project Teams

- Define self-leadership in projects — explore the shift from contributor to enabler and how your behaviour sets the team's tone and culture.
- Understand team dynamics — navigate the team lifecycle and build trust, clarity and accountability.
- Lead through influence, not authority — learn to guide peers and clients by example and communication.
- Use AI for growth and reflection — apply advanced prompting for self-coaching, followed by a reflection and module quiz.

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DAY 2 | AI-AUGMENTED PROJECT EXECUTION

✓ Module 7: Day 1 Recap & AI Warm-Up

- Reflect on Day 1 learning and mindset shifts — share key takeaways and insights through group discussion and AI-generated summaries.
- Reinforce understanding with a recap quiz — check knowledge from Day 1 using Notion-based AI quiz prompts.
- Use AI to deepen personal insight — generate reflections on your evolving role as a project manager.
- Preview Day 2 goals and activities — align expectations with a quick walkthrough of the day's objectives.

✓ Module 8: Running Smarter Meetings with AI

- Learn to lead structured and effective meetings — prepare, facilitate and follow through with clarity and purpose.
- Use AI to streamline meeting processes — generate agendas, track discussions, record minutes and assign actions.
- Practise real-world AI prompting — draft agendas with Claude and refine notes into minutes using ChatGPT.
- Create your own AI-assisted meeting toolkit — build a Notion template and complete the module quiz.

✓ Module 9: Documentation, Checklists

- Understand the entire flow — break down project phases into manageable parts.
- Leverage AI to support project execution — generate method statements, safety instructions and WBS checklists efficiently.
- Practise targeted AI prompting — use ChatGPT for checklists and Perplexity for sourcing best practices in quality control.
- Track documentation with Notion templates — apply what you've learned, complete the module quiz.

✓ Module 10: Integrated Project Execution Simulation + AI Support

- Engage in a live multi-role project simulation — lead a high-risk project scenario with stakeholder dynamics.
- Use AI to support real-time decision-making — plan timelines, assess risks and craft stakeholder updates with GPT or Claude.
- Experience AI as a co-leader — collaborate with AI tools to navigate project dilemmas and drive outcomes.
- Reflect on the impact of AI — debrief your experience and respond to the Notion-based reflection prompt.

✓ Module 11: Risk Management Enhanced by AI Manager

- Shift from traditional to predictive risk management — explore how risk analysis evolves with AI-driven modelling.
- Use AI to enhance risk planning — simulate scenarios, predict risks and generate mitigation strategies.
- Practise AI-powered risk tools — build a risk register with ChatGPT and simulate cost impacts using Claude.
- Apply learning with Notion templates — complete your risk plan and wrap up with the module quiz.

✓ Module 12: Lessons Learned, Continuous Improvement & AI Review

- Capture lessons learned throughout the project lifecycle — reflect during and after execution for continuous improvement.
- Use AI to support retrospectives and closure — generate summaries, improvement plans and final reports with ease.
- Practise prompts for project wrap-up — summarise team notes and explore trends using PMI Infinity.
- Build a Lessons Learned Hub in Notion — consolidate insights and complete the module quiz.

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DAY 2 | AI-AUGMENTED PROJECT EXECUTION

✓ Conclusion: Final Presentations & Leadership Commitment

- Present your project leadership journey — share key learnings, AI applications and your evolution into a project manager.
- Engage in group reflection and receive feedback — consolidate insights through discussion and trainer input.
- Celebrate course completion — close with a meaningful message highlighting growth and transformation.
- Capture the moment — a photo session to mark your achievement.

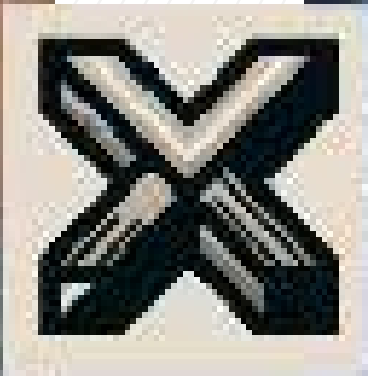
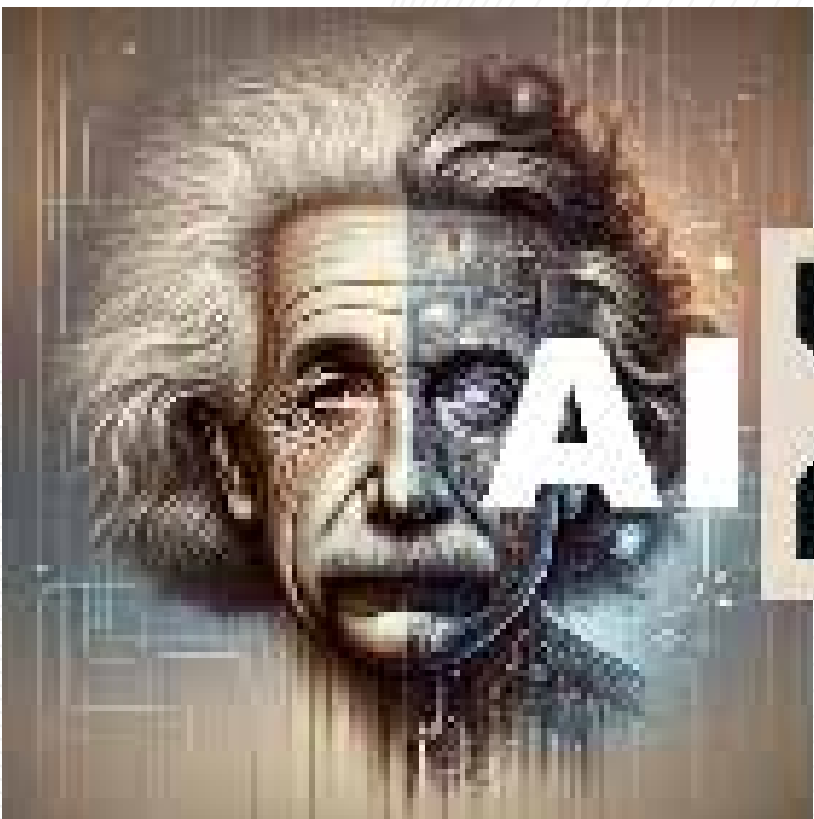
✓ Each group presents:

- What they learned
- How they will apply AI in future projects
- What makes them a project manager now

✓ Trainer Feedback and Group Reflection

✓ Course Closing Message

✓ Group Photo Session



BE AI-ENABLED WITH PMCC



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COURSE SCHEDULE



DAY 1 | THE FOUNDATION: FROM PRACTITIONER TO MANAGER & PROJECT MANAGER

TIME	DURATION	TOPIC
08:30 AM – 09:00 AM	30 Minutes	Registration & Welcome Coffee
09:00 AM – 10:00 AM	1 Hour	Module 1 — Course Kickoff, Learning Alignment & Management Foundation
10:00 AM – 10:45 AM	45 Minutes	Module 2 — Traditional Project Management: A Crash Course
10:45 AM – 11:00 AM	15 Minutes	Morning Coffee Break
11:00 AM – 11:45 AM	45 Minutes	Module 3 — Mastering Agile, Hybrid & Systems Thinking for Adaptive PMs
11:45 AM – 12:30 PM	45 Minutes	Module 4 — Stakeholder Management & Communication
12:30 PM – 02:00 PM	1 Hour 30 Minutes	Lunch Break
02:00 PM – 03:30 PM	1 Hour 30 Minutes	Module 5 — Self-Management, Self-Leadership & Core Traits of a Project Manager
03:30 PM – 03:45 PM	15 Minutes	Afternoon Coffee Break
03:45 PM – 05:00 PM	1 Hour 15 Minutes	Module 6 — Team - Leadership & Building Strong Project Teams

DAY 2 | AI-AUGMENTED PROJECT EXECUTION

TIME	DURATION	TOPIC
08:30 AM – 09:00 AM	30 Minutes	Arrival & Informal Check-In
09:00 AM – 10:00 AM	1 Hour	Module 7 — Day 1 Recap & AI Warm-Up
10:00 AM – 11:00 AM	1 Hour	Module 8 — Running Smarter Meetings with AI
11:00 AM – 11:15 AM	15 Minutes	Morning Coffee Break
11:15 AM – 12:15 PM	1 Hour	Module 9 — Documentation & Checklists
12:15 PM – 01:15 PM	1 Hour	Lunch Break
01:15 PM – 02:15 PM	1 Hour	Module 10 — Integrated Project Execution Simulation + AI Support
02:15 PM – 03:15 PM	1 Hour	Module 11 — Risk Management Enhanced by AI
03:15 PM – 03:30 PM	15 Minutes	Afternoon Coffee Break
03:30 PM – 04:30 PM	1 Hour	Module 12 — Lessons Learned, Continuous Improvement & AI Review
04:30 PM – 05:00 PM	30 Minutes	Conclusion — Final Presentations & Leadership Commitment